

#5 SUNDAY 1/29/2012	MONDAY 1/30/12	TUESDAY 1/31/12	WEDNESDAY 2/1/12	THURSDAY 2/2/12	FRIDAY 2/3/12	SATURDAY 2/4/12
<u>BREAKFAST</u> <u>7-10:30am</u> Eggs, any style Cereal/Oatmeal Toast Muffins Juice	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums	Eggs, any style Cold Cereal/ Oatmeal Waffles Toast Juice Raisins	Eggs and style Cold Cereal/ Oatmeal Toast Juice Hashbrowns Pears	Eggs-any style Cold Cereal/ Oatmeal Toast Juice ½ Banana	Eggs, any style Cold Cereal/ Oatmeal Waffles Toast Juice Plums	Omelet Cold Cereal/ Toast Juice Raisins
<u>LUNCH 11:30am</u> Roasted Chicken Scalloped Potatoes Gravy Wheat Roll California Blend Peaches	Spaghetti Garlic Bread Tossed Salad with Choice of Dressing Pudding	Cream Dried Beef Over Wheat Toast Tossed Salad with Choice of Dressing Mixed Vegetables Jello	Oven Roasted Turkey Homemade Stuffing Gravy Steamed Carrots Apple Crisp	Glazed BBQ Pork Scalloped Potatoes Peas Peaches	Grilled Chicken or Tilapia Parsley Potatoes Coleslaw Mandarin Orange Delight	Sloppy Joes Macaroni Salad Broccoli Pudding
<u>DINNER 4:30pm</u> Fish Sticks with Side of Tartar Sauce Tator Tots Baked Beans Jello	Deli Sandwich Beef Barley Soup Crackers Apple Sauce	Cottage Cheese Platter Baked Potato Deli Roll Pears	Chicken Tenders with Choice of Dipping Sauce French Fries Lima Beans Mandarin Oranges	Ham and Cheese on Homemade Wheat Roll Broccoli Soup Crackers Apple Sauce	Meatball Sub w/ Mozzarella Cheese Tossed Salad w/ Choice of Dressing Mixed Fruit	Hoagie Chicken Corn Soup Crackers Jello with Fruit
<u>SNACK 8:00pm</u> Pudding Coffee or Tea	Peanut Butter Graham Crackers Coffee or Tea	Ice Cream Coffee or Tea	Cheese Curls Coffee or Tea	Ice Cream Coffee or Tea	Cheese & Crackers Coffee or Tea	Ice Cream Coffee or Tea
<u>ALTERNATIVE</u> <u>MENU</u> Chicken Noodle or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Ham and Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Turkey Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Grilled Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich

Diabetics are served diet bread, Jello, Punch, etc Water is served with each meal **MENU SUBJECT TO CHANGE**
Coffee, tea, hot and cold water are available from 7:30 am to 10:00 pm Salad comes with choice of dressing
4 oz. serving sizes of fruit, juice, etc. 8 oz. serving sizes for salads, soups Alternate food choices available upon request
Snack is served at 10am, 2pm and 8pm daily

#6 SUNDAY 2/5/2012	MONDAY 2/6/12	TUESDAY 2/7/12	WEDNESDAY 2/8/12	THURSDAY 2/9/12	FRIDAY 2/10/12	SATURDAY 2/11/12
<u>BREAKFAST</u> <u>7-10:30am</u> Eggs, any style Cold Cereal/Oatmeal Toast Juice Muffins Bacon	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Raisins	Eggs and style Cold Cereal/ Oatmeal Pancakes Sausage Toast Juice Grapefruit	Eggs-any style Cold Cereal/ Oatmeal Toast Juice ½ Banana	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums	Omelet Cold Cereal/ Toast Juice Bananas Hash Browns
<u>LUNCH 11:30am</u> Roasted Beef Mashed Potatoes Gravy Peas Buttered Roll Baked Apples	Baked Ham Sweet Potatoes Green Bean Casserole Wheat Roll Peaches	Oven Baked Chicken Homemade Filling Gravy California Blend Mixed Fruit	Choice of Liver or Salisbury Steak Mashed Potatoes Gravy Green Beans Apple Sauce	Roast Pork with Sauerkraut and Kielbasa Mashed Potatoes Mixed Vegetables Baked Apples	Choice of Oven Roasted Chicken or Tilapia Tossed Salad w/ Choice of Dressing Steamed Corn Peaches	Ravioli Garlic Bread Tossed Salad with Choice of Dressing Mandarin Oranges
<u>DINNER 4:30pm</u> Bologna and Cheese on Homemade Wheat Roll Chicken Rice Soup Crackers or Chips Mixed Fruit	MTO on Wheat Roll Beef Vegetable Soup Crackers Jello	Sheppard's Pie Buttered Roll Cheese Slice Pudding	Chicken Patty on Roll with Lettuce, Tomato and Mayo Cole Slaw Butter Beans Jello with Whipped Cream	Bowl of Chili Homemade Cornbread Tossed Salad with Choice of Dressing Pears	Ham and Scalloped Potato Casserole Lima Beans Buttered Wheat Roll Jello	Chicken Salad on Homemade Wheat Roll Wedding Soup Crackers or Chips Pudding
<u>SNACK 8:00pm</u> Pudding Coffee or Tea	Peanut Butter Graham Crackers Coffee or Tea	Ice Cream Coffee or Tea	Cheese Curls Coffee or Tea	Ice Cream Coffee or Tea	Cheese & Crackers Coffee or Tea	Ice Cream Coffee or Tea
<u>ALTERNATIVE</u> <u>MENU</u> Chicken Noodle or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Ham and Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Turkey Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Grilled Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich

#1 SUNDAY 2/12/2012	MONDAY 2/13/12	TUESDAY 2/14/12	WEDNESDAY 2/15/12	THURSDAY 2/16/12	FRIDAY 2/17/12	SATURDAY 2/18/12
<u>BREAKFAST</u> <u>7:30-10:30am</u> Cold Cereal/Oatmeal Toast Sausage Pancakes Muffins Juice	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Raisins	Eggs and style Cold Cereal/ Oatmeal French Toast Bacon Toast Juice	Eggs-any style Cold Cereal/ Oatmeal Toast Juice Bananas	Eggs, any style Cold Cereal/ Oatmeal Waffles Sausage Toast Juice Plums	Omelet Cold Cereal/ Toast Juice Grapefruit
<u>LUNCH 11:30am</u> Chicken and Waffles Baked Apples	Salmon Cake Tartar Sauce Peas Small Tossed Salad with Choice of Dressing Jello	Ham, Green Beans and Potatoes Tossed Salad with Choice of Dressing Wheat Roll Mixed Vegetables Pudding	Spaghetti with Meatballs Garlic Bread Tossed Salad with Choice of Dressing Pudding	Roast Pork with Sauerkraut and Kielbasa Mashed Potatoes Mixed Vegetables Apple Sauce	Baked Chicken or Tilapia Macaroni and Cheese Stewed Tomatoes Chilled Mixed Fruit	Pizza Tossed Salad with Choice of Dressing California Blend Pudding
<u>DINNER 4:30pm</u> Peanut Butter and Jelly Sandwich Potato Soup Crackers Pudding	Chicken & Broccoli Casserole Buttered Wheat Roll Pears	Egg Salad Sandwich Baked Beans Tator Tots Mixed Fruit	Hoagie Beef Vegetable Soup Crackers or Chips Chilled Apricots	Cottage Cheese Platter with Apple Butter and Pears Baked Potato Turkey and Cheese Roll	Shaggy Dog French Fries Steamed Carrots Jello	Pork BBQ Sandwich Tator Tots Lima Beans Chilled Peaches
<u>SNACK 8:00pm</u> Pudding Water or Juice Coffee or Tea	Peanut Butter Graham Crackers Water or Juice Coffee or Tea	Ice Cream Water or Juice Coffee or Tea	Cheese Curls Water or Juice Coffee or Tea	Ice Cream Water or Juice Coffee or Tea	Cheese & Crackers Water or Juice Coffee or Tea	Ice Cream Water or Juice Coffee or Tea
<u>ALTERNATIVE MENU</u> Chicken Noodle or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Ham and Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Turkey Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Grilled Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich

Diabetics are served diet bread, Jello, Punch, etc Water is served with each meal **MENU SUBJECT TO CHANGE**
Coffee, tea, hot and cold water are available from 7:30 am to 10:00 pm Salad comes with choice of dressing
4 oz. serving sizes of fruit, juice, etc. 8 oz. serving sizes for salads, soups Alternate food choices available upon request
Snack is served at 10am, 2pm and 8pm daily

#2 SUNDAY 2/19/2012	MONDAY 2/20/12	TUESDAY 2/21/12	WEDNESDAY 2/22/12	THURSDAY 2/23/12	FRIDAY 2/24/12	SATURDAY 2/25/12
<u>BREAKFAST</u> 7:30-10:30am Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums Sausage Muffins	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Raisins	Eggs and style Cold Cereal/ Oatmeal French Toast Turkey Bacon Juice ½ Banana	Eggs-any style Cold Cereal/ Oatmeal Toast Juice, Coffee, Tea Grapefruit	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums	Omelet Cold Cereal/ Toast Juice Bananas Sausage
<u>LUNCH 11:30am</u> Meatloaf Scalloped Potatoes California Blend Mandarin Oranges	Oven Baked Chicken w/ Gravy Mashed Potatoes Filling Balls Mixed Vegetables Jello with Whipped Cream	Stuffed Peppers Steamed Carrots Buttered Wheat Bread Apple Sauce	Ravioli with Sauce Tossed Salad with Choice of Dressing Garlic Bread Pudding	Roasted Pork Mashed Potatoes Steamed Carrots Homemade Wheat Roll Jello	Baked Chicken or Tilapia Parsley Potatoes Diced Beets Wheat Roll Baked Apples	Open Faced Hot Turkey Sandwich Peas Tossed Salad with Choice of Dressing Pears
<u>DINNER 4:30pm</u> Grilled Cheese Sandwich Tomato Soup Crackers Jello	Ham Salad Sandwich Beef Barley Soup Crackers Pudding	Chicken Pot Pie Wheat Roll Cheese Slice Cherry Crisp	Tuna Melt on an English Muffin Steamed Broccoli Pudding	Bowl of Chili Cornbread Tossed Salad with Choice of Dressing Mixed Fruit	BLT Sandwich Lettuce, Tomato And Mayo Broccoli Cheese Soup Crackers Pickles Peaches	Cream Chipped Beef Over Toast Steamed Green Beans Apple Sauce
<u>SNACK 8:00pm</u> Pudding Water or Juice Coffee or Tea	Peanut Butter Graham Crackers Water or Juice Coffee or Tea	Ice Cream Water or Juice Coffee or Tea	Cheese Curls Water or Juice Coffee or Tea	Ice Cream Water or Juice Coffee or Tea	Cheese & Crackers Water or Juice Coffee or Tea	Ice Cream Water or Juice Coffee or Tea
<u>ALTERNATIVE MENU</u> Chicken Noodle or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Ham and Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Turkey Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Grilled Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich

#3 SUNDAY 2/26/2012	MONDAY 2/27/12	TUESDAY 2/28/12	WEDNESDAY 2/29/12	THURSDAY 3/1/12	FRIDAY 3/2/12	SATURDAY 3/3/12
<u>BREAKFAST</u> 7:30-10:30am Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums Eggs, any style Cold Cereal/Oatmeal Toast Bacon Juice Muffins	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Plums	Eggs, any style Cold Cereal/ Oatmeal Toast Juice Raisins	Eggs and style Cold Cereal/ Oatmeal Pancakes Toast Juice Bananas	Eggs-any style Cold Cereal/ Oatmeal Toast Juice Grapefruit	Eggs, any style Cold Cereal/ Oatmeal Pancakes Sausage Toast Juice Plums	Omelet Cold Cereal Oatmeal Toast Juice Bananas Bacon
<u>LUNCH 11:30am</u> Roast Beef Mashed Potatoes Gravy California Blend Mixed Fruit	Lemon Pepper Chicken Macaroni and Cheese Stewed Tomatoes Pudding	Sliced Baked Ham Sweet Potatoes Lima Beans Pineapple	Beef Cabbage and Potatoes Buttered Wheat Bread Cheese Slice Steamed Carrots Mixed Fruit	Roasted Pork Loin Mashed Potatoes Gravy Steamed Broccoli Buttered Wheat Roll Baked Apples	Baked Chicken or Tilapia Parsley Potatoes Brussel Sprouts Mandarin Oranges	Cottage Cheese Platter with Apple Butter Baked Potato Pears Turkey and Cheese Roll
<u>DINNER 4:30pm</u> Fish Sticks with Tartar Sauce French Fries Peas Mandarin Oranges	Baked Spaghetti Casserole Tossed Salad with Choice of Dressing Garlic Bread Jello with Fruit	Deli Sandwich On Homemade Roll Beef Barley Soup Crackers Apple Sauce	Chicken Tenders With Choice of Dip Tossed Salad with Choice of Dressing Mixed Vegetable Pudding	Egg Salad Sandwich Ham and Bean Soup Cheese Curls Jello	Sloppy Joes Sweet Potato Tator Tots Green Beans Pudding	Chicken Patty on Roll with Lettuce, Tomato and Mayo Wisconsin Soup Crackers Peaches
<u>SNACK 8:00pm</u> Pudding Coffee or Tea	Peanut Butter Graham Crackers Coffee or Tea	Ice Cream Coffee or Tea	Cheese Curls Coffee or Tea	Ice Cream Coffee or Tea	Cheese & Crackers Coffee or Tea	Ice Cream Coffee or Tea
<u>ALTERNATIVE</u> <u>MENU</u> Chicken Noodle or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Ham and Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Turkey Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Grilled Cheese Sandwich	Chicken Noodle, Vegetable or Tomato Soup w/ Crackers Deli Sandwich

